

Run-Bike-Run Pijnacker 23-11-2008

Overzicht Individueel Overall

| Nr | StartNr | Cat | Naam | Woonplaats | Loop1 | PlstLoop1 | Wissel1 | Fiets | PltsFiets | Wissel2 | Loop2 | PltsLoop2 | Totaaltijd |
|----|---------|-----|------------------------|-----------------------|----------|-----------|----------|----------|-----------|----------|----------|-----------|------------|
| 1 | 1 | H20 | Rorik Schouten | DTC | 00:16:40 | 1 | 00:00:49 | 00:41:09 | 1 | 00:00:47 | 00:08:50 | 2 | 01:08:12 |
| 2 | 3 | H50 | Rob Barel | | 00:16:56 | 6 | 00:00:35 | 00:42:42 | 4 | 00:00:32 | 00:08:54 | 3 | 01:09:37 |
| 3 | 41 | H20 | Leon van der Heijden | Oisterwijk | 00:16:54 | 3 | 00:00:57 | 00:42:15 | 3 | 00:00:48 | 00:08:47 | 1 | 01:09:39 |
| 4 | 2 | H20 | Roy Arts | Wijchen | 00:17:31 | 11 | 00:00:53 | 00:41:51 | 2 | 00:00:51 | 00:09:40 | 20 | 01:10:45 |
| 5 | 4 | H18 | Tim Dullaart | TV Rijnmond Rotterdam | 00:16:54 | 2 | 00:00:49 | 00:44:23 | 5 | 00:00:50 | 00:09:05 | 7 | 01:11:58 |
| 6 | 37 | H20 | Bastiaan Gouda | Heiloo | 00:17:05 | 8 | 00:01:06 | 00:45:04 | 6 | 00:00:55 | 00:09:10 | 9 | 01:13:18 |
| 7 | 5 | H18 | Lesley Derks | Siitard | 00:17:06 | 9 | 00:00:48 | 00:45:25 | 8 | 00:00:46 | 00:09:19 | 15 | 01:13:22 |
| 8 | 154 | H20 | Arjan van Vliet | TTL | 00:17:32 | 12 | 00:01:05 | 00:45:59 | 9 | 00:01:37 | 00:09:04 | 6 | 01:15:15 |
| 9 | 167 | H20 | Maarten Gouda | Egmond a Zee | 00:16:55 | 5 | 00:01:10 | 00:46:41 | 10 | 00:01:17 | 00:09:18 | 14 | 01:15:20 |
| 10 | 153 | H20 | John van der Vlies | Oud Beijerland | 00:16:57 | 7 | 00:01:04 | 00:47:42 | 17 | 00:01:00 | 00:08:57 | 4 | 01:15:38 |
| 11 | 16 | H40 | Ernst Bovenkamp | TVRijnmond Rotterdam | 00:16:55 | 4 | 00:01:02 | 00:47:49 | 18 | 00:01:00 | 00:09:05 | 8 | 01:15:49 |
| 12 | 158 | H40 | Pim de Waard | Heiloo | 00:18:41 | 22 | 00:01:32 | 00:45:24 | 7 | 00:01:09 | 00:09:31 | 18 | 01:16:15 |
| 13 | 69 | H20 | Geert-Jan Meewisse | RTC | 00:18:03 | 17 | 00:01:02 | 00:47:17 | 13 | 00:01:00 | 00:09:16 | 13 | 01:16:35 |
| 14 | 7 | H20 | Michel Pannekeet | Alkmaar | 00:17:14 | 10 | 00:01:28 | 00:47:41 | 16 | 00:01:10 | 00:09:14 | 12 | 01:16:46 |
| 15 | 38 | H40 | Mark de Haan | TRIP | 00:17:48 | 14 | 00:01:07 | 00:48:26 | 20 | 00:01:12 | 00:09:23 | 16 | 01:17:54 |
| 16 | 60 | H40 | Maarten Krijnen | Purnerend | 00:17:37 | 13 | 00:01:41 | 00:48:25 | 19 | 00:01:19 | 00:09:12 | 11 | 01:18:11 |
| 17 | 98 | H20 | Fokke Stoel | ??? Komt nog | 00:19:26 | 35 | 00:01:10 | 00:47:00 | 12 | 00:00:57 | 00:09:46 | 21 | 01:18:18 |
| 18 | 32 | H40 | John Engele | Pijnacker | 00:19:19 | 31 | 00:00:44 | 00:47:38 | 15 | 00:00:49 | 00:10:00 | 27 | 01:18:29 |
| 19 | 155 | H40 | Willem de Voogd | TVR | 00:18:28 | 20 | 00:01:17 | 00:48:34 | 21 | 00:01:14 | 00:09:37 | 19 | 01:19:09 |
| 20 | 88 | H20 | Arjan van Rijswijk | TTL | 00:19:21 | 33 | 00:01:13 | 00:47:34 | 14 | 00:01:11 | 00:10:08 | 30 | 01:19:24 |
| 21 | 61 | H16 | Jeroen Leemans | TV De Langstraat | 00:18:24 | 19 | 00:01:01 | 00:49:16 | 28 | 00:00:59 | 00:10:00 | 26 | 01:19:38 |
| 22 | 43 | H20 | Pieter-Jan van Herel | Delft | 00:18:45 | 23 | 00:01:33 | 00:48:45 | 24 | 00:01:18 | 00:09:50 | 22 | 01:20:10 |
| 23 | 51 | H20 | Rolf de Jong | Pijnacker | 00:18:02 | 16 | 00:02:09 | 00:49:33 | 31 | 00:01:40 | 00:09:04 | 5 | 01:20:26 |
| 24 | 152 | H20 | Leo Vissers | RTC Den Haag | 00:18:00 | 15 | 00:01:47 | 00:50:01 | 33 | 00:01:44 | 00:09:12 | 10 | 01:20:43 |
| 25 | 180 | V40 | Riikka Vreeswijk-Kelja | Typhoon Gorinchem | 00:19:38 | 38 | 00:00:54 | 00:48:46 | 25 | 00:00:51 | 00:10:41 | 39 | 01:20:48 |
| 26 | 96 | H20 | Aniel Stam | Egmond a/d Hoef | 00:18:52 | 25 | 00:01:30 | 00:49:08 | 26 | 00:01:13 | 00:10:08 | 31 | 01:20:49 |
| 27 | 19 | H20 | Martijn Broekman | Amsterdam | 00:20:47 | 52 | 00:01:20 | 00:46:56 | 11 | 00:00:56 | 00:10:58 | 48 | 01:20:55 |
| 28 | 10 | H40 | Hans Beyer | TVR Rijnmond | 00:19:14 | 29 | 00:00:44 | 00:51:06 | 38 | 00:00:45 | 00:09:51 | 23 | 01:21:37 |
| 29 | 79 | H20 | Frank van Noort | TVB | 00:18:52 | 24 | 00:01:08 | 00:49:43 | 32 | 00:01:25 | 00:10:48 | 45 | 01:21:54 |
| 30 | 77 | H40 | Rob Nijhof | TTL | 00:18:54 | 27 | 00:01:23 | 00:50:23 | 34 | 00:01:20 | 00:10:03 | 28 | 01:22:02 |
| 31 | 148 | H20 | Rick v.d Valk | Pijnacker | 00:20:00 | 41 | 00:01:12 | 00:48:41 | 22 | 00:01:30 | 00:10:55 | 46 | 01:22:16 |
| 32 | 30 | H20 | Thijs Eijking | Beverwijk | 00:20:07 | 44 | 00:01:49 | 00:49:29 | 30 | 00:01:33 | 00:10:09 | 32 | 01:23:04 |
| 33 | 90 | H20 | André Schaap | De Zijl Triathlon | 00:18:17 | 18 | 00:02:00 | 00:52:08 | 43 | 00:01:32 | 00:09:26 | 17 | 01:23:20 |

| Nr | StartNr | Cat | Naam | Woonplaats | Loop1 | PlstLoop1 | Wissel1 | Fiets | PltsFiets | Wissel2 | Loop2 | PltsLoop2 | Totaaltijd |
|----|---------|-----|--------------------------------|------------------------|----------|-----------|----------|----------|-----------|----------|----------|-----------|------------|
| 34 | 80 | H20 | Ferdinand Oldeman | RTC Den Haag | 00:19:17 | 30 | 00:01:18 | 00:51:24 | 41 | 00:01:26 | 00:10:24 | 35 | 01:23:48 |
| 35 | 28 | H50 | Peter Dullaart | Krimpen a/d IJssel | 00:20:37 | 47 | 00:01:46 | 00:49:28 | 29 | 00:01:30 | 00:10:44 | 40 | 01:24:05 |
| 36 | 17 | H18 | Stefan van Winden | Berkel en Rodenrijs | 00:19:07 | 28 | 00:00:58 | 00:51:00 | 37 | 00:01:27 | 00:11:46 | 74 | 01:24:16 |
| 37 | 159 | H20 | Rene Winters | Hellendoorn | 00:19:35 | 37 | 00:01:43 | 00:51:53 | 42 | 00:01:58 | 00:10:19 | 33 | 01:25:28 |
| 38 | 55 | H50 | Leo van Egmond | Loopgroep PK | 00:20:46 | 51 | 00:01:17 | 00:52:50 | 45 | 00:01:06 | 00:10:04 | 29 | 01:26:01 |
| 39 | 67 | H50 | Peet v.d. Meer | Pijnacker | 00:21:12 | 57 | 00:00:53 | 00:52:16 | 44 | 00:00:47 | 00:11:04 | 52 | 01:26:11 |
| 40 | 24 | H20 | Rene Buitenhek | Den Haag | 00:22:16 | 75 | 00:01:52 | 00:48:43 | 23 | 00:01:22 | 00:12:06 | 79 | 01:26:18 |
| 41 | 70 | H60 | Leo Meewisse | RTC | 00:21:39 | 62 | 00:01:12 | 00:51:16 | 39 | 00:01:01 | 00:11:38 | 68 | 01:26:44 |
| 42 | 83 | H20 | Roderick Os van | ---- | 00:19:29 | 36 | 00:01:33 | 00:53:31 | 46 | 00:01:32 | 00:11:00 | 49 | 01:27:03 |
| 43 | 160 | H50 | Gerard van Wissen | TVHW | 00:21:43 | 65 | 00:01:32 | 00:51:22 | 40 | 00:01:23 | 00:11:27 | 63 | 01:27:26 |
| 44 | 147 | H20 | Ton van Tunen | Breukelen | 00:22:12 | 72 | 00:01:47 | 00:50:40 | 35 | 00:01:36 | 00:11:15 | 57 | 01:27:29 |
| 45 | 54 | H40 | Moul Kaewkokua | RTC Den Haag | 00:20:08 | 45 | 00:01:24 | 00:53:56 | 48 | 00:01:24 | 00:10:48 | 42 | 01:27:37 |
| 46 | 47 | H20 | Tobias Holling | Den Haag | 00:19:49 | 39 | 00:01:20 | 00:54:46 | 51 | 00:01:21 | 00:10:24 | 34 | 01:27:37 |
| 47 | 150 | H20 | Sebastiaan Vermaas | TV Rijnmond Rotterdam | 00:20:53 | 54 | 00:00:55 | 00:55:58 | 56 | 00:00:59 | 00:09:59 | 25 | 01:28:42 |
| 48 | 62 | H50 | Leo van Leeuwen | TRIP Pijnacker | 00:20:09 | 46 | 00:01:15 | 00:55:57 | 55 | 00:00:48 | 00:11:02 | 51 | 01:29:09 |
| 49 | 48 | H20 | Michiel IJskes | Delfgauw | 00:19:54 | 40 | 00:01:45 | 00:54:45 | 50 | 00:02:10 | 00:10:45 | 41 | 01:29:16 |
| 50 | 73 | H40 | Bert Mostert | YVP | 00:20:00 | 42 | 00:01:38 | 00:55:18 | 52 | 00:01:35 | 00:11:13 | 56 | 01:29:43 |
| 51 | 36 | H40 | Michel de Gier | RTC Den Haag | 00:21:00 | 56 | 00:01:15 | 00:56:20 | 59 | 00:01:13 | 00:11:10 | 54 | 01:30:56 |
| 52 | 76 | H20 | Richard van Niel | Het BAS Team | 00:20:39 | 48 | 00:01:24 | 00:57:18 | 62 | 00:01:16 | 00:10:58 | 47 | 01:31:32 |
| 53 | 31 | H40 | Bert van der Ende | TRIP | 00:21:55 | 69 | 00:01:15 | 00:55:28 | 53 | 00:01:20 | 00:11:42 | 69 | 01:31:38 |
| 54 | 18 | H60 | Aart v.d. Breevaart Bravenboer | Triat Ver Hoekse Waard | 00:21:40 | 63 | 00:01:44 | 00:55:41 | 54 | 00:01:42 | 00:11:07 | 53 | 01:31:52 |
| 55 | 63 | H40 | Piet van Leeuwen | Lekkerkerk | 00:22:35 | 81 | 00:01:34 | 00:56:04 | 57 | 00:01:15 | 00:10:48 | 44 | 01:32:15 |
| 56 | 175 | V20 | Laura van Leeuwen | Den Haag | 00:23:11 | 86 | 00:01:39 | 00:53:43 | 47 | 00:01:35 | 00:12:15 | 84 | 01:32:21 |
| 57 | 25 | H20 | Emile Cornelisse | Imere | 00:21:45 | 66 | 00:01:55 | 00:56:07 | 58 | 00:01:28 | 00:11:12 | 55 | 01:32:27 |
| 58 | 178 | V16 | Jip Veelenturf | Alphen a/d Rijn | 00:21:42 | 64 | 00:01:27 | 00:57:34 | 63 | 00:01:25 | 00:11:02 | 50 | 01:33:08 |
| 59 | 157 | H50 | Rien de Vreede | Middenbeemster | 00:23:35 | 90 | 00:02:32 | 00:53:59 | 49 | 00:01:57 | 00:11:35 | 67 | 01:33:36 |
| 60 | 156 | H20 | Arjen Voogt | Rotterdam | 00:19:24 | 34 | 00:01:26 | 01:00:49 | 73 | 00:01:24 | 00:10:39 | 38 | 01:33:40 |
| 61 | 22 | H40 | Peter Brus | TRIP | 00:22:27 | 78 | 00:01:24 | 00:56:48 | 60 | 00:01:35 | 00:11:46 | 73 | 01:33:59 |
| 62 | 169 | V40 | Monique Arkenbout Andriessen | Limmen | 00:19:20 | 32 | 00:02:00 | 01:00:59 | 74 | 00:02:07 | 00:09:53 | 24 | 01:34:17 |
| 63 | 168 | H20 | Jeroen Jilesen | Amerongen | 00:20:52 | 53 | 00:02:12 | 00:59:04 | 66 | 00:01:52 | 00:11:31 | 64 | 01:35:27 |
| 64 | 21 | H20 | Jack van Brummelen | Den Haag | 00:20:02 | 43 | 00:00:54 | 01:02:56 | 82 | 00:01:00 | 00:10:48 | 43 | 01:35:37 |
| 65 | 92 | H50 | Uco Sobering | Voorburg | 00:21:31 | 61 | 00:01:12 | 01:00:49 | 72 | 00:01:02 | 00:11:15 | 58 | 01:35:47 |
| 66 | 40 | H50 | Wim van Haperen | TV Breda | 00:20:45 | 50 | 00:01:16 | 01:02:01 | 80 | 00:01:25 | 00:11:16 | 59 | 01:36:42 |
| 67 | 74 | H40 | Edwin Mulder | Langeraar | 00:22:17 | 76 | 00:02:42 | 00:58:26 | 64 | 00:02:18 | 00:11:20 | 60 | 01:37:01 |
| 68 | 181 | V20 | Maaïke van Vliet | Den Haag | 00:22:32 | 79 | 00:01:15 | 01:00:48 | 71 | 00:01:06 | 00:11:53 | 76 | 01:37:32 |
| 69 | 173 | V40 | Jolanda de Haan | Pijnacker | 00:22:14 | 73 | 00:01:00 | 01:01:33 | 77 | 00:01:01 | 00:11:48 | 75 | 01:37:34 |
| 70 | 89 | H20 | Maarten Sauter | Den Haag | 00:18:53 | 26 | 00:01:50 | 01:05:30 | 87 | 00:01:06 | 00:10:26 | 36 | 01:37:43 |

| Nr | StartNr | Cat | Naam | Woonplaats | Loop1 | PlstLoop1 | Wissel1 | Fiets | PltsFiets | Wissel2 | Loop2 | PltsLoop2 | Totaaltijd |
|-----|---------|-----|-----------------------|------------------|----------|-----------|----------|----------|-----------|----------|----------|-----------|------------|
| 71 | 49 | H20 | Stefan Immerzeel | Nieuwkoop | 00:22:02 | 70 | 00:01:41 | 01:01:10 | 75 | 00:01:31 | 00:11:45 | 72 | 01:38:07 |
| 72 | 177 | V50 | Pieta Ritskes | Zwijndrecht | 00:21:52 | 67 | 00:01:58 | 01:00:06 | 68 | 00:02:23 | 00:11:54 | 77 | 01:38:11 |
| 73 | 97 | H50 | Leo van Steen | Den Haag | 00:22:14 | 74 | 00:02:17 | 01:00:24 | 69 | 00:02:31 | 00:11:42 | 70 | 01:39:07 |
| 74 | 53 | H20 | Bas van Kaam | Ijmuiden | 00:22:41 | 85 | 00:01:58 | 01:01:26 | 76 | 00:01:36 | 00:11:44 | 71 | 01:39:24 |
| 75 | 85 | H20 | Niko Pelzers | Delfgauw | 00:21:20 | 59 | 00:01:26 | 01:03:55 | 84 | 00:01:25 | 00:11:31 | 65 | 01:39:35 |
| 76 | 27 | H20 | Dirk Duinsbergen | Leiden | 00:24:06 | 96 | 00:01:45 | 00:58:40 | 65 | 00:01:47 | 00:13:19 | 96 | 01:39:36 |
| 77 | 58 | H40 | Roberto Tholenaars | | 00:21:21 | 60 | 00:02:22 | 01:02:22 | 81 | 00:01:41 | 00:12:08 | 80 | 01:39:52 |
| 78 | 33 | H40 | Dave Fredriksz | Leiderdorp | 00:22:34 | 80 | 00:01:54 | 01:01:56 | 79 | 00:01:41 | 00:12:15 | 83 | 01:40:17 |
| 79 | 56 | H20 | Quint Kikkert | Hoek van Holland | 00:24:09 | 97 | 00:02:08 | 00:59:58 | 67 | 00:02:11 | 00:12:12 | 82 | 01:40:37 |
| 80 | 91 | H20 | Dolf Smit | BAScons | 00:22:08 | 71 | 00:01:06 | 01:05:33 | 88 | 00:01:04 | 00:11:23 | 62 | 01:41:12 |
| 81 | 8 | H50 | Charles Aernouts | WBTV | 00:23:46 | 91 | 00:01:51 | 01:01:36 | 78 | 00:01:54 | 00:12:35 | 87 | 01:41:39 |
| 82 | 39 | H40 | Paul Hamelink | RTC | 00:23:26 | 89 | 00:00:57 | 01:03:45 | 83 | 00:01:05 | 00:13:18 | 95 | 01:42:29 |
| 83 | 99 | H20 | Remco Toele | Bussum | 00:24:52 | 104 | 00:03:46 | 00:56:51 | 61 | 00:04:02 | 00:13:23 | 97 | 01:42:52 |
| 84 | 165 | H40 | Franco Lisci | Den Haag | 00:24:05 | 94 | 00:01:15 | 01:04:59 | 86 | 00:01:10 | 00:13:15 | 94 | 01:44:41 |
| 85 | 174 | V40 | Caroline Jacobs | Delfgauw | 00:21:54 | 68 | 00:01:17 | 01:09:08 | 96 | 00:01:30 | 00:11:32 | 66 | 01:45:19 |
| 86 | 75 | H20 | Roland Nederstigt | BAScons | 00:20:42 | 49 | 00:01:49 | 01:09:03 | 95 | 00:01:12 | 00:12:52 | 89 | 01:45:36 |
| 87 | 164 | H40 | Marco Zonneveld | RTC | 00:23:25 | 88 | 00:02:12 | 01:07:16 | 89 | 00:01:27 | 00:12:23 | 85 | 01:46:42 |
| 88 | 176 | V40 | Cora Mulder | | 00:24:23 | 99 | 00:02:01 | 01:07:28 | 90 | 00:02:09 | 00:12:11 | 81 | 01:48:11 |
| 89 | 23 | H20 | Dennis Buitendijk | Delft | 00:20:57 | 55 | 00:01:59 | 01:13:03 | 103 | 00:01:56 | 00:10:36 | 37 | 01:48:30 |
| 90 | 94 | H20 | Jan Beemsterboer | Alkmaar | 00:25:08 | 106 | 00:02:39 | 01:04:44 | 85 | 00:02:06 | 00:14:00 | 102 | 01:48:36 |
| 91 | 163 | H40 | Aad Zonneveld | Nootdorp | 00:22:19 | 77 | 00:02:12 | 01:11:16 | 99 | 00:01:43 | 00:11:21 | 61 | 01:48:49 |
| 92 | 162 | H50 | Gerard van Zeijl | TV AZC Alphen | 00:24:36 | 101 | 00:01:50 | 01:08:41 | 93 | 00:01:43 | 00:13:04 | 93 | 01:49:53 |
| 93 | 84 | H40 | Wim Van Paassen | Poeldijk | 00:24:05 | 95 | 00:01:27 | 01:09:37 | 98 | 00:01:48 | 00:13:40 | 99 | 01:50:35 |
| 94 | 45 | H40 | Ton van Hoernig | Delfgauw | 00:21:19 | 58 | 00:04:19 | 01:09:25 | 97 | 00:03:44 | 00:12:01 | 78 | 01:50:46 |
| 95 | 149 | H20 | Barry Verbeek | Het BAS Team | 00:23:25 | 87 | 00:01:09 | 01:11:33 | 100 | 00:01:25 | 00:13:35 | 98 | 01:51:03 |
| 96 | 151 | H20 | Filip Verschoor | Bleiswijk | 00:24:38 | 102 | 00:01:34 | 01:11:40 | 101 | 00:02:01 | 00:12:47 | 88 | 01:52:39 |
| 97 | 179 | V40 | Sylvia Visser | Den Haag | 00:27:57 | 110 | 00:01:18 | 01:08:02 | 92 | 00:01:14 | 00:14:14 | 103 | 01:52:43 |
| 98 | 65 | H20 | Sander van der Linden | Austerlitz | 00:24:50 | 103 | 00:01:26 | 01:14:45 | 105 | 00:01:55 | 00:12:59 | 91 | 01:55:53 |
| 99 | 42 | H20 | Rutger Heindentrijk | Haarlem | 00:22:40 | 83 | 00:05:47 | 01:09:01 | 94 | 00:05:01 | 00:13:44 | 100 | 01:56:11 |
| 100 | 35 | H40 | Coen de Gier | Bergambacht | 00:24:29 | 100 | 00:02:25 | 01:12:09 | 102 | 00:03:34 | 00:13:53 | 101 | 01:56:27 |
| 101 | 81 | H20 | Jack van Oord | BAScons | 00:24:04 | 93 | 00:01:39 | 01:18:27 | 106 | 00:01:51 | 00:13:00 | 92 | 01:58:59 |
| 102 | 95 | H40 | Rene Stallinga | Wateringen | 00:26:03 | 109 | 00:03:01 | 01:14:30 | 104 | 00:02:29 | 00:15:38 | 106 | 02:01:39 |
| 103 | 20 | H70 | Rob Brouwer | | 00:25:53 | 107 | 00:01:09 | 01:21:51 | 107 | 00:01:56 | 00:14:18 | 104 | 02:05:05 |
| 104 | 171 | V20 | Patricia Bronowski | BAScons | 00:28:03 | 111 | 00:03:02 | 01:37:32 | 109 | 00:01:25 | 00:15:12 | 105 | 02:25:12 |
| 105 | 6 | H20 | Perry Bakker | BAScons | 00:24:15 | 98 | 00:00:58 | 00:49:09 | 27 | 00:00:57 | 00:12:55 | 90 | 01:28:12 |
| 106 | 72 | H40 | Henri Mosterd | Rijswijk | 00:25:58 | 108 | 00:02:54 | 00:50:57 | 36 | 00:02:21 | 00:12:26 | 86 | 01:34:34 |